

## **ANTIBIOTIC RESISTANCE LEVEL IN *STAPHYLOCOCCUS SPP.* STRAINS ISOLATED FROM DOGS WITH OTITIS EXTERNA**

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### **Summary**

The purpose of this study was to determine the antibiotic resistance pattern of *Staphylococcus spp.* strains isolated from dogs with otitis externa. A total of 82 bacterial samples were evaluated for susceptibility towards 16 antimicrobial agents. The results indicated a high level of antimicrobial resistance for the tested isolated, most frequently implying antimicrobials like penicillin, erythromycin, gentamicin, kanamycin, streptomycin, lincomycin, sulphamethoprim, cephalotin, polymixin B and amoxicillin. This study highlights the multidrug resistance of canine *Staphylococcus spp.* and emphasizes the need for susceptibility testing before electing the antimicrobial therapy.

**Key words:** antibiotic resistance, *Staphylococcus spp.*, otitis externa, dog

Otitis externa (OE), the most common disease of the canine ear canal, is well known for the frustrating difficulty in electing a suitable treatment, frequently been associated with a chronic or recurrent course despite all therapeutic approaches. This aspect can be the direct consequence of the complex multifactorial aetiology and also of the emergence of resistance towards antimicrobial agents among the microorganisms isolated, case of *Staphylococcus spp.* and *Pseudomonas aeruginosa* (1, 6, 7, 9, 12). There are many studies describing the antimicrobial susceptibility profiles of canine otic pathogens, most of them pointing out different antibiotic resistance patterns, but all suggesting the emergence of the antimicrobial resistance for isolated bacteria (2, 4, 5, 10, 11).

The increase in the isolation of multidrug-resistant pathogens belonging to the *Staphylococcus* genera is of growing concern in both human and veterinary medicine (e.g., oxacillin-resistant *S. intermedius* and methicillin-resistant *Staphylococcus aureus*) (3, 8, 13).

The purposes of this retrospective study were to determine the antibiotic resistance pattern in *Staphylococcus spp.* strains isolated from dogs with otitis externa.

### **Materials and methods**

**Collection and Processing of Samples:** a total of 116 ear exudates samples were aseptically collected from the external auditory canal of canine

patients showing clinical signs of otitis externa (erythema, otorrhea, pain, itch, lesions of the ear tegument).

**Identification of Isolates:** The *Staphylococcus* species (n=82) were identified based on the colony characteristics, Gram stain, catalase and coagulase activity and also using the API ID Staph System (bioMérieux).

**Susceptibility to antimicrobials** was assessed by Bauer – Kirsby disk diffusion method. The antibiograms included 16 antibiotic agents: penicillin G (10UI), gentamicin (10µg), oxacillin (1µg), tetracycline (30µg), trimethoprim-sulphamethoxazole (25µg), ampicillin (10µg), enrofloxacin (5µg), ciprofloxacin (5µg), norfloxacin (10µg), chloramphenicol (30µg), polymyxin B (300UI), amoxicillin-clavulanic acid (30µg), cefalexin (30µg), erythromycin (15UI), neomycin (30µg), and cephalotin (30µg).

### Results and discussions

A total of 82 staphylococcal strains were isolated and identified from ear canals of dogs with otitis externa. Of these, 52 were coagulase-positive (CPS) (63.41%) and 30 were coagulase-negative (CNS). Also, based on the API ID Staph System, the following species were identified (table 1):

Table 1

**Different *Staphylococcus* spp. isolated from dogs with otitis externa**

Species	Coagulase	Isolates number	%
<i>Staph. intermedius</i>	positive	27	32.92
<i>Staph. aureus</i>	positive	21	25.60
<i>Staph. hyicus</i>	positive	1	1.21
<i>Staph. schleiferi</i>	positive	3	3.65
<i>Staph. saprophyticus</i>	negative	1	1.21
<i>Staph. haemolyticus</i>	negative	1	1.21
<i>Staph. sciuri</i>	negative	2	2.43
<i>Staph. epidermitis</i>	negative	15	18.3
<i>Staph. auricularis</i>	negative	11	13.42
<b>Total</b>		82	100

Coagulase-positive species were most commonly found and the most frequently isolated *Staphylococcus* species were *Staph. intermedius* (32.92%) and *Staph. aureus* (25.60%). Other species, such as *Staph. hyicus* and *Staph. schleiferi* were also identified. Regarding the coagulase-negative staphylococci, the microbiological assays pointed out several species: *Staph. saprophyticus*, *Staph. haemolyticus*, *Staph. sciuri*, *Staph. epidermitis*, *Staph. auricularis*.

These results pointed out *S. intermedius* as the major coagulase-positive staphylococci (CPS) associated with chronic otitis externa such as described by some authors (1, 5, 13). *Staphylococcus intermedius*, as well as other staphylococci, is habitant of the normal bacterial flora of the dog and can be isolated from healthy dogs, especially from the anal region. *S. intermedius* is also an important skin pathogen in dogs. While CPS are considered to be the main bacterial agents in canine otitis (4, 9, 12), for CNS, such as *Staph. saprophyticus*, *Staph. haemolyticus*, *Staph. sciuri*, *Staph. epidermitis*, *Staph. auricularis*, a definitive role (pathogens, opportunistic or part of the normal microflora) has not been established yet.

The results of the antimicrobial susceptibility, obtained using the Bauer – Kirsby disk diffusion method, are presented for the coagulase-positive strains (CPS) in figure 1.

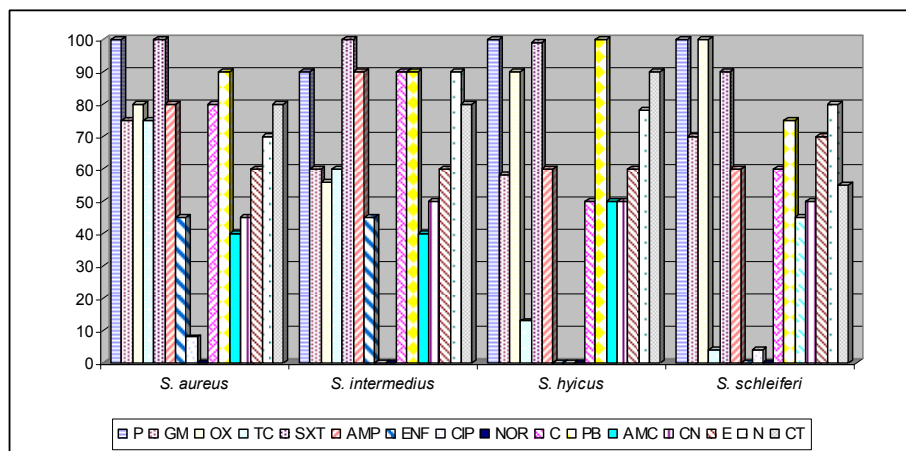


Fig.1. Antibiotic resistance level in *Staphylococcus spp.* strains isolated from dogs with otitis externa (penicillin G (P), gentamicin (GM), oxacillin (OX), tetracycline (TC), trimethoprim-sulphamethoxazole (SXT), ampicillin (AMP), enrofloxacin (ENF), ciprofloxacin (CIP), norfloxacin (NOR), chloramphenicol (C), polymyxin B (PB), amoxicillin-clavulanic acid (AMC), cefalexin (CN), erythromycin (E), neomycin (N) and cephalotin (CT))

Resistance to antibiotics was manifested by all the tested stains isolated from dogs with otitis externa and it can be considered high as all the tested strains were resistant to at least three antibiotics. Sensitivity of the isolated bacteria interested a relatively reduced number of antimicrobials, case of: cefalexin (%), enrofloxacin, norfloxacin, ciprofloxacin and amoxicillin-clavulanic acid. Different levels of resistance were observed also for polymyxin B, neomycin, penicillin G,

ampicillin, tetracycline, oxacillin, neomycin, erythromycin, chloramphenicol, trimethoprim-sulphamethoxazole, cephalotin and cefalexin.

*S. intermedius* and *S. aureus* isolates presented a very similar susceptibility pattern.

These results confirmed some aspects presented in previous reports, but we found different resistance profile. Lilenbaum et al. (10) reported that 90.9% of the *Staphylococcus* strains isolated from canine otitis externa expressed resistance to at least one drug. The most active antimicrobial agents against these strains were rifampin and oxacillin. Fernandez et al. (4) showed that the most effective antibiotics were tobramycin (100% susceptible), marbofloxacin (91.3%) and ceftazidime (91.3%). Ticarcillin and gentamicin, commonly used for the treatment of otitis externa, were also active (susceptibility of strains was 86 and 65.2% respectively). Lower susceptibility was found using enrofloxacin (52.1%) probably due to its indiscriminate use.

Development of antibiotic resistance in bacteria represents a problem of great concern for both human and veterinary medicine. From this point of view, it is important to monitor the level of antimicrobial susceptibility.

In canine practice, despite advances in therapeutic approach, refractory cases of the otitis externa remain common. The current treatment of otitis externa usually implies the topical application of antibiotics (enrofloxacin, gentamicin, chloramphenicol, polymixin B and neomycin) in combinations with anti inflammatory drugs and ear cleaning solutions. Systemic therapy can be also employed, mostly when the inflammation becomes chronic or recurrent. Many practitioners treat otitis externa on the basis of their clinical experience, usually without laboratory tests. However, if data on sensitivity are continuously up gradated, they can serve as a basis for empirical therapy.

### **Conclusions**

In conclusion, our results highlight the high level of the antibiotic resistance displayed by the canine *Staphylococcus* strains isolated from the clinical cases of otitis externa and once more emphasize the need for bacterial culture with species identification and susceptibility testing of swab specimens from the ear canal in order to choose appropriate antimicrobial agents.

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